

If you decide to leave, try to take with you:

- Your house key
- Proof of ID and income
- Clothing for yourself and your children

here are several practical reasons why women may not want to leave.

These may apply to you:

- You may be afraid of further assaults.
- You may be worried about money to support yourself and your children.
- You may be worried about losing your home, your possessions or even your children.
- You may fear the isolation of living as a single parent.

You may not want to leave but would like to talk to another person about your situation – the Women's Refuge or any other agencies listed, can provide help and information.

North Wiltshire Women's Refuge
Phone 01249 714873
or 01249 654384



If you would like to have any part of this explained or translated, or in a different format such as in larger print, or on audio tape, please contact us on 01249 465465 to discuss your needs.

আপনি যদি এর কোন অংশের ব্যাখ্যা অথবা অনুবাদ চান, অথবা বড়ো ছপার অক্ষর, অথবা অডিও টেপের মতো অন্য কোন ভাষাতে চান অথবা আপনার প্রয়োজনীয়তা আপোচনা করার জন্যে অনুরোধ করে 01249 465465 নম্বর ফোনে আমাদের সঙ্গে যোগাযোগ করুন।

倘若您希望我們對該雜誌的任何部分給予解釋或提供翻譯，或以不同格式（如大字體或錄音帶）提供，請致電 01249 465465 聯絡我們，洽商您的需求。

如果您希望我们对该杂志的任何部分给予解释或提供翻译，或以不同格式（如大字体或录音带）提供，请致电 01249 465465 联系我们，洽商您的需求。

Jeśli wymagają Państwo wyjaśnienia jakiegoś fragmentu albo jego tłumaczenia, albo w innym formacie, takim jak duży druk, albo na kasecie audio, proszę się z nami skontaktować pod numerem telefonu 01249 465465, aby przedyskutować Państwa potrzeby.

Herhangi bir kısmının izah edilmesini veya tercüme edilmesini, ya da iri harfler veya ses bantı gibi başka bir formatta verilmesini isterseniz, lütfen ihtiyaçlarınızı konuşmak için bu numaraya telefon edin: 01249 465465.



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PART OF GREENSQUARE GROUP LIMITED



Women's Refuge



For women, with or without children, who are fleeing abuse

Phone 01249 714873
or 01249 654384

ISSUED: JULY 2010



Who are we?

North Wiltshire Women's Refuge provides temporary accommodation, in two locations, for women and their children who are fleeing domestic abuse.

Our two refuges each have five rooms providing privacy and a safe space for yourself and any children you may have. There is a large communal kitchen in each project and a living room where you can meet and talk to other women.

What we offer

You will not be left alone to worry about what happens next. The Support Workers can offer:

- Information on your legal, financial and housing rights.
- Practical and emotional assistance with any problems that may be causing you worry or distress.
- Links with other agencies that may be able to offer assistance.
- Help with children's issues.

Confidentiality is respected at all times and if the refuge is unable to assist you we can put you in touch with other agencies who can.

Other useful numbers

Westlea Housing _____ **01249 465465**

Wiltshire Council _____ **0300 456 0100**

Wiltshire Constabulary
Domestic Violence Unit _____ **0845 408708**

SPLITZ Support Service _____ **0845 6001945**

Wiltshire Social Services _____ **0845 6031570**
(Emergency Duty Team) _____ **0845 6070888**

Victim Support _____ **01380 729476**

Citizens Advice Bureau _____ **0845 1203707**

Womens Aid Helpline (24 hrs) **0808 2000 247**

Your GP, Health Visitor, Solicitor or Housing Officer should also be able to help you.

Who can go to the refuge?

Any woman, with or without children who is fleeing abuse.

When can I come?

If space is available, the Refuge is accessible 24 hours a day.

How long can I stay?

As long as you need, depending on what you decide.

What should I bring?

The refuge provides furniture, bedding and cooking equipment.

What about money?

If you have no income of your own you are likely to be able to claim welfare benefits.

What about housing?

Staff can give you information about housing matters.

Some women come to the refuge for respite, a space for time to think.

Everyone who needs help is welcome.